



The VCU Institute for Women's Health

Presents

Latina Health Issues:

En que podemos ayudarle?

How can we help you?

How to Treat a Woman: Strategies for Healthcare & Self-Care

An ongoing, year-round series of brown-bag seminars focused on women's health — for all healthcare professionals

Date: Tuesday, February 17, 2009

Time: 12:00 noon to 1:00 pm

Location: MCV Campus, Main Hospital, 1st Floor Learning Center

Objectives: At the end of this session participants will :

- 1) Learn basic demographic information about U.S. Latinas
- 2) Learn about general health issues impacting Latinas
- 3) Learn about the cultural attributes of US Latinas that contribute to increasing/ decreasing the risk of premature pregnancy/ Sexually Transmitted Diseases (STD's)
- 4) Learn about strategies and competencies for appropriately serving Latinas

About the Presentation:

A general overview of issues surrounding health for Latinas in the United States, discussion of issues of culture and competency in serving Latinas and the various protective factors of culture and the challenges that are encountered by women regarding health and wellness.

About the Speaker

Leticia Y. Flores, Ph.D. is the Director of the VCU Center for Psychological Services and Development. Her areas of expertise include behavioral medicine, specifically pain management and minority health issues. She conducts psychotherapy related to anxiety, mood and personality disorders, as well as related to issues regarding ethnic, gender, and sexual identity. Dr. Flores has taught undergraduate and graduate courses, and supervises graduate students conducting therapy. She has a number of publications, papers and presentations on pain, psychology, Latina sexuality, and cultural sensitivity. Dr. Flores received her B.A in Psychology from Duke University, her Ph.D. in Clinical Psychology from the University of Texas Southwestern School for Biomedical Sciences and completed her Post-doctoral Fellowship at the Department of Anesthesiology, University of Washington Medical Center.

Fees: None — Free to all.—No pre-registration is required.

Continuing Education: This program awards 0.1 CEUs.

For more information: Visit www.womenshealth@vcu.edu or call 804-827-1200.